

Sitzmark Valley Volleyball

Release From Liability & Promise Not To Sue

Name _____ League _____ Team _____

The registrant above enrolls in the Sitzmark Valley Volleyball League, and is subject to the rules and regulations determined by said group, its employees, sponsors and agents.

The registrant acknowledges that there are certain risks of injury inherent in volleyball competition, and that these risks include, but are not limited to: uneven playing surface; collision with net posts, balls, other players, or other equipment. The registrant further acknowledges that the sport of volleyball is strenuous and taxing on the cardiovascular system. The registrant therefore acknowledges the Sitzmark's recommendation that each participant considers his/her own physical condition and seeks medical approval before becoming involved with this sport. The registrant freely assumes these and all risks of the sport.

The registrant contracts not to sue Sitzmark and will release and hold harmless the Sitzmark, its employees, agents and sponsors from any liability arising from personal or property injury, wherein the injury was the result of any activity, omission or involvement conducted by the Sitzmark or occurring on the Sitzmark's premises due to the negligence of the Sitzmark.

The registrant acknowledges that the provisions of this release shall be binding upon the registrant, his/her heirs, executors, administrators and shall be governed by the laws of the State of Vermont.

Registrant's Signature: _____ Date _____